

Accommodating Students with Asthma

Staff Training

The school nurse will train and supervise staff in the care of students with asthma.

- A. General training in symptoms, treatment, and monitoring of asthmas is designed for school personnel indirectly involved with student (s) with asthma. This training may include office staff, athletic personnel, bus drivers, custodial staff, teaching staff, paraprofessionals, playground supervisors, and others.
- B. Intensive training in symptoms, treatment, and monitoring of asthma is designed for school personnel directly involved with the student(s) with asthma. This training will be specific for the student(s) with an Individualized Health Care Plan and may include teacher (s), athletic personnel, paraprofessionals assigned to provide direct care, and others as appropriate.

Asthma Rescue Procedures

In the event of an asthma or anaphylactic episode, school staff will provide first aid, and specific care will be given as designed in the student's Individualized Health Care Plan, if the student has one.

First Aid for Asthma

- A. Always accompany and do not leave the student while he/she is experiencing symptoms.
- B. Allow the student to assume position of comfort, and provide a calm, quiet environment.
- C. Follow student's treatment plan for use of rescue medication, and assist the student if needed.
- D. Have the student concentrate on breathing. Instruct the student to take slow, easy and deep breaths.
- E. Reduce known asthma triggers.
- F. Notify the parent/guardian as needed.
- G. If at any time student exhibits severe respiratory distress or there is a concern over progression of symptoms, call 911 .

The following shall be easily accessible:

- A. Health care practitioner's medication order and written treatment plan
- B. Parent/guardian's written request and signed permission for medication at school
- C. Backup medication, if provided by the parent/guardian

Authorization for Student to Carry and Self-Administer Medication(s) for Asthma and Anaphylaxis

A student with asthma or anaphylaxis shall be allowed to carry and self-administer prescribed medication(s), while in school, at a school-sponsored event, or in transit to/from school or a school-sponsored event, provided the following requirements are met:

- A. The health care practitioner prescribes the medication(s) for use by the student and provides a written treatment plan.
- B. The student's parent/guardian submits a written request, signs the district permission form, and provides phone contacts.
- C. The student demonstrates competence to possess and self-administer prescribed medication(s) to the school nurse.

The Health Care Provider Medication Request and Treatment Plan for Asthma is the form recommended to meet the above requirements. The authorization for a student to carry and self-administer medication(s) for the treatment of asthma or anaphylaxis will be valid for the current school year only. The parent/guardian must renew the authorization with the health care practitioner and give it to the building health room staff each school year.

A student's authorization to possess and self-administer medication(s) for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the school nurse and the student's parent/guardian, if the student demonstrates an inability to responsibly possess and self-administer such medication(s).

Authorization for Asthma Medication at School

The Health Care Provider Medication Request and Treatment Plan for Asthma

is recommended for any student whose parent/guardian requests asthma medication to be given at school. The authorization for medication(s) for the treatment of asthma or anaphylaxis will be valid for the current school year only. The parent/guardian must renew the authorization with the health care practitioner and give it to the building health room staff each school year.

Date: 08.02.13

Revised: