



**Early
Head Start**

Free In-home Services for Families



The mission of Puget Sound ESD's Early Head Start program is to promote and enrich the health, education, and well-being of infants, toddlers, families, and their communities. Early Head Start is a program that supports each parent's role as their child's first and most important teacher.



Early Head Start is a division of the Head Start program and is funded by the U.S. Department of Health and Human Services. EHS does not discriminate on the basis of race, creed, color, religion, marital status, sexual orientation, national origin, sex, or disability. (Rev. 7/30/14)

Early Head Start (EHS) is a comprehensive prenatal, infant, toddler, and family development program that provides many free services to eligible children and their families.

Home-based Services

- Fun, weekly home visits
- Infant/toddler-parent play groups (two times per month)
- Developmental screening, assessment and activities
- Resources and referrals
- Parent education opportunities
- Child health and development education
- Group activities for parents throughout the year
- Social experiences for children in a fun, supportive classroom
- **Interpreters provided**

Who Is Eligible?

- Early Head Start serves the families of pregnant women, infants, and toddlers up to the age of 30 months
- Children in Foster Care/Kinship Care
- TANF and SSI recipients
- Families experiencing homelessness
- Children with a disability or IFSP
- Families living on limited incomes (based on federal poverty guidelines)

Please call. We can help you determine if you are eligible.

(253) 324-0451
MARTHA WAITERS